

Individual Top Times

Greenville Swim Club [GSC-NC] Coach: Scott Pake
Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Female 8 & Under 50 Free						
1	39.31 L	F	*I Shepherd, Sarah Helen	8	6/22/2007	2007 ECSL LC Championships
2	40.16 L	F	*I Hannum, Meghan	8	6/10/2006	MOR Liberty Meet
3	40.45 L	F	Barnhill, Emmie	8	6/25/2005	2005 NC ECSL LC Championships
4	40.76 L	F	Lurito, Cristina	8	7/24/2004	2004 NC Eastern LC Qualifier
5	41.60 L	F	Bishop, Ruth	8	7/20/2007	Beat the Heat Meet
Female 8 & Under 100 Free						
1	1:26.45 L	F	*I Shepherd, Sarah Helen	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
2	1:31.56 L	F	*I Hannum, Meghan	8	6/10/2006	MOR Liberty Meet
3	1:35.68 L	F	Humphreys, Lauren Taylor	8	6/22/2007	2007 ECSL LC Championships
4	1:37.52 L	F	Lurito, Cristina	8	7/24/2004	2004 NC Eastern LC Qualifier
5	1:37.90 L	F	Bishop, Ruth	8	7/20/2007	Beat the Heat Meet
Female 8 & Under 200 Free						
1	3:13.98 L	F	*I Shepherd, Sarah Helen	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
2	3:15.78 L	F	*I Hannum, Meghan	8	6/10/2006	MOR Liberty Meet
3	3:38.97 L	F	Lurito, Cristina	8	5/15/2004	2004 NC Goldsboro YMCA Open In
4	3:48.06 L	F	Bishop, Ruth	8	7/20/2007	Beat the Heat Meet
5	3:50.16 L	F	Pou, Cary V	8	6/10/2006	MOR Liberty Meet
Female 8 & Under 400 Free						
1	7:03.78 L	F	*I Shepherd, Sarah Helen	8	6/22/2007	2007 ECSL LC Championships
Female 8 & Under 50 Back						
1	49.14 L	F	*I Hannum, Meghan	8	6/24/2006	2006 ECSL LC Championships
2	50.54 L	F	*I Shepherd, Sarah Helen	8	6/22/2007	2007 ECSL LC Championships
3	52.71 L	F	Bishop, Ruth	8	7/20/2007	Beat the Heat Meet
4	52.74 L	F	Pou, Cary V	8	6/10/2006	MOR Liberty Meet
5	55.35 L	F	Barnhill, Emmie	8	6/25/2005	2005 NC ECSL LC Championships
Female 8 & Under 100 Back						
1	1:46.48 L	F	*I Hannum, Meghan	8	6/10/2006	MOR Liberty Meet
2	1:54.48 L	F	Bishop, Ruth	8	7/20/2007	Beat the Heat Meet
3	1:58.30 L	F	Pou, Cary V	8	6/10/2006	MOR Liberty Meet
4	2:01.22 L	F	Conway, Carly	8	7/20/2007	Beat the Heat Meet
5	2:02.34 L	F	*I Shepherd, Claire	8	5/8/2009	2009LongCourseOPEN
Female 8 & Under 50 Breast						
1	54.52 L	F	Bishop, Ruth	8	7/20/2007	Beat the Heat Meet
2	57.29 L	F	*I Hannum, Meghan	8	6/24/2006	2006 ECSL LC Championships
3	57.61 L	F	*I Shepherd, Sarah Helen	8	6/22/2007	2007 ECSL LC Championships
4	58.18 L	F	*I Shepherd, Hannah Gail	8	6/22/2007	2007 ECSL LC Championships
5	1:00.71 L	F	*I Jackson, Sarah	8	6/24/2006	2006 ECSL LC Championships
Female 8 & Under 100 Breast						
1	2:08.59 L	F	Bishop, Ruth	8	7/20/2007	Beat the Heat Meet
2	2:09.58 L	F	*I Shepherd, Sarah Helen	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
3	2:16.06 L	F	*I Shepherd, Hannah Gail	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
4	2:16.47 L	F	*I Jackson, Sarah	8	5/13/2006	Goldsboro L.C. Open
5	2:25.11 L	F	Conway, Carly	8	7/20/2007	Beat the Heat Meet
Female 8 & Under 200 Breast						
1	4:32.22 L	F	*I Shepherd, Hannah Gail	8	6/22/2007	2007 ECSL LC Championships
Female 8 & Under 50 Fly						
1	50.49 L	F	*I Hannum, Meghan	8	5/13/2006	Goldsboro L.C. Open
2	53.91 L	F	Pou, Cary V	8	6/10/2006	MOR Liberty Meet
3	54.30 L	F	*I McDonald, Callie K	8	5/3/2003	GOLDSBORO YMCA "BB" & BELOW I

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	Time	P/F/S	Name	Age/Yr		
4	55.30 L	F	*I Shepherd, Sarah Helen	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
5	55.45 L	F	Barnhill, Emmie	8	6/25/2005	2005 NC ECSL LC Championships
Female 8 & Under 100 Fly						
1	1:56.43 L	F	Lurito, Cristina	8	7/24/2004	2004 NC Eastern LC Qualifier
2	1:59.99 L	F	*I Shepherd, Sarah Helen	8	6/22/2007	2007 ECSL LC Championships
3	2:01.01 L	F	*I Hannum, Meghan	8	6/10/2006	MOR Liberty Meet
4	2:22.57 L	F	*I McDonald, Callie K	8	5/3/2003	GOLDSBORO YMCA "BB" & BELOW L
Female 8 & Under 200 IM						
1	3:40.93 L	F	*I Hannum, Meghan	8	6/24/2006	2006 ECSL LC Championships
2	3:44.72 L	F	*I Shepherd, Sarah Helen	8	6/22/2007	2007 ECSL LC Championships
3	4:11.65 L	F	Pou, Cary V	8	6/10/2006	MOR Liberty Meet
4	4:13.47 L	F	*I Shepherd, Hannah Gail	8	6/22/2007	2007 ECSL LC Championships
5	4:35.23 L	F	*I McDonald, Callie K	8	5/3/2003	GOLDSBORO YMCA "BB" & BELOW L
Female 9-10 50 Free						
1	32.36 L	F	*I Shepherd, Sarah Helen	10	7/16/2009	NCS Age Group LC Champs 2009
2	32.89 L	F	Penhollow, Jessi	10	7/26/2006	2006 NC 14 & Under Long Course Stat
3	33.54 L	F	Lurito, Cristina	10	7/26/2006	2006 NC 14 & Under Long Course Stat
4	34.99 L	F	Sawyer, Emily	10	7/28/2005	2005 NC Long Course State Cham
5	35.03 L	F	Humphreys, Lauren Taylor	10	7/16/2009	NCS Age Group LC Champs 2009
Female 9-10 100 Free						
1	1:11.30 L	F	*I Shepherd, Sarah Helen	10	7/16/2009	NCS Age Group LC Champs 2009
2	1:12.93 L	F	*I Perdue, Lauren	10	6/22/2002	2002 ECSL LC Championships
3	1:13.08 L	F	Lurito, Cristina	10	5/13/2006	Goldsboro L.C. Open
4	1:17.28 L	F	Barnhill, Emmie	10	7/25/2007	2007 NC LC 14&Under State Champion
5	1:17.67 L	F	Penhollow, Jessi	10	7/26/2006	2006 NC 14 & Under Long Course Stat
Female 9-10 200 Free						
1	2:36.79 L	F	Lurito, Cristina	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	2:38.34 L	F	*I Shepherd, Sarah Helen	10	7/16/2009	NCS Age Group LC Champs 2009
3	2:44.11 L	F	Barnhill, Emmie	10	7/25/2007	2007 NC LC 14&Under State Champion
4	2:47.02 L	F	Penhollow, Jessi	10	7/26/2006	2006 NC 14 & Under Long Course Stat
5	2:48.83 L	F	Godley, Lanie	10	7/17/2008	2008 NC LC 14&Under State Champion
Female 9-10 400 Free						
1	5:42.51 L	F	*I Perdue, Lauren	10	6/22/2002	2002 ECSL LC Championships
2	5:55.48 L	F	*I Shepherd, Sarah Helen	10	6/20/2009	ECSL LC Champs June 2009
3	6:00.29 L	F	*I Dorsey, Meredith L	10	6/22/2002	2002 ECSL LC Championships
4	6:05.49 L	F	Barnhill, Emmie	10	6/22/2007	2007 ECSL LC Championships
5	6:09.48 L	F	Beach, Chandler	10	6/22/2007	2007 ECSL LC Championships
Female 9-10 800 Free						
1	10:44.00 L	F	Barnhill, Emmie	10	6/2/2007	2007 NC Open Water Championships
2	12:24.88 L	F	*I Shepherd, Sarah Helen	10	6/20/2009	ECSL LC Champs June 2009
3	12:36.44 L	F	Beach, Chandler	10	6/22/2007	2007 ECSL LC Championships
Female 9-10 50 Back						
1	39.29 L	F	*I Perdue, Lauren	10	6/22/2002	2002 ECSL LC Championships
2	40.30 L	F	*I Shepherd, Sarah Helen	10	7/16/2009	NCS Age Group LC Champs 2009
3	40.43 L	F	*I Steele, Emily N	10	6/25/2005	2005 NC ECSL LC Championships
4	42.35 L	F	Pou, Cary V	10	5/16/2008	2008 RSA NC Good Stuff Meet
5	42.47 L	F	Lurito, Cristina	10	7/26/2006	2006 NC 14 & Under Long Course Stat
Female 9-10 100 Back						
1	1:28.13 L	F	*I Shepherd, Sarah Helen	10	7/16/2009	NCS Age Group LC Champs 2009
2	1:28.83 L	F	Lurito, Cristina	10	5/13/2006	Goldsboro L.C. Open
3	1:29.13 L	F	*I Steele, Emily N	10	7/28/2005	2005 NC Long Course State Cham
4	1:30.66 L	F	Barnhill, Emmie	10	6/15/2007	2007 NC WAVE Capital City Invitational

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	Time	P/F/S	Name	Age/Yr		
5	1:30.81 L	F	Pou, Cary V	10	7/17/2008	2008 NC LC 14&Under State Champion
Female 9-10 200 Back						
1	3:22.59 L	F	Pou, Cary V	10	6/20/2008	2008 ECSL LC Championships
2	3:27.11 L	F	Humphreys, Lauren Taylor	10	6/20/2009	ECSL LC Champs June 2009
3	4:10.60 L	F	*I McKinley, Lyndsay	9	6/24/2006	2006 ECSL LC Championships
Female 9-10 50 Breast						
1	45.67 L	F	*I Shepherd, Sarah Helen	10	7/16/2009	NCS Age Group LC Champs 2009
2*	48.71 L	F	Beach, Chandler	10	6/22/2007	2007 ECSL LC Championships
2*	48.71 L	F	Barnhill, Emmie	10	7/20/2007	Beat the Heat Meet
4	48.93 L	F	*I Hardee, Kristen M	10	6/22/2002	2002 ECSL LC Championships
5	49.02 L	F	Sawyer, Emily	10	7/8/2005	2005 NC GSA Eastern Invitation
Female 9-10 100 Breast						
1	1:40.72 L	F	*I Shepherd, Sarah Helen	10	6/26/2009	GSA 54th Annual Eastern Invitational
2	1:43.30 L	F	Barnhill, Emmie	10	7/25/2007	2007 NC LC 14&Under State Champion
3	1:45.51 L	F	Sawyer, Emily	10	7/8/2005	2005 NC GSA Eastern Invitation
4	1:48.02 L	F	*I Shepherd, Hannah Gail	10	6/26/2009	GSA 54th Annual Eastern Invitational
5	1:54.18 L	F	De Vente, Michelle	10	7/24/2004	2004 NC Eastern LC Qualifier
Female 9-10 200 Breast						
1	3:42.73 L	F	*I Shepherd, Hannah Gail	10	6/20/2009	ECSL LC Champs June 2009
2	3:46.61 L	F	*I Shepherd, Sarah Helen	10	6/20/2009	ECSL LC Champs June 2009
3	4:24.01 L	F	*I Jackson, Sarah	9	6/22/2007	2007 ECSL LC Championships
Female 9-10 50 Fly						
1	35.23 L	F	Penhollow, Jessi	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	35.74 L	F	*I Perdue, Lauren	10	6/22/2002	2002 ECSL LC Championships
3	37.90 L	F	Lurito, Cristina	10	5/13/2006	Goldsboro L.C. Open
4	39.47 L	F	*I Shepherd, Sarah Helen	10	6/26/2009	GSA 54th Annual Eastern Invitational
5	39.60 L	F	Barnhill, Emmie	10	6/15/2007	2007 NC WAVE Capital City Invitational
Female 9-10 100 Fly						
1	1:24.35 L	F	Lurito, Cristina	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	1:29.12 L	F	Barnhill, Emmie	10	7/25/2007	2007 NC LC 14&Under State Champion
3	1:31.53 L	F	Penhollow, Jessi	10	7/26/2006	2006 NC 14 & Under Long Course Stat
4	1:36.30 L	F	*I Shepherd, Sarah Helen	10	7/16/2009	NCS Age Group LC Champs 2009
5	1:39.72 L	F	Costin, Hillary	10	6/7/2003	2003 Summer Liberty Invitation
Female 9-10 200 IM						
1	3:02.74 L	F	*I Perdue, Lauren	10	6/22/2002	2002 ECSL LC Championships
2	3:08.91 L	F	Lurito, Cristina	10	5/13/2006	Goldsboro L.C. Open
3	3:09.43 L	F	Barnhill, Emmie	10	7/25/2007	2007 NC LC 14&Under State Champion
4	3:11.09 L	F	*I Shepherd, Sarah Helen	10	6/20/2009	ECSL LC Champs June 2009
5	3:13.86 L	F	Beach, Chandler	10	6/22/2007	2007 ECSL LC Championships
Female 11-12 50 Free						
1	27.81 L	F	*I Perdue, Lauren	12	5/21/2004	2004 NC New South Swimming LC
2	28.87 L	F	Lurito, Cristina	12	7/29/2008	2008 Southern Zone Champs
3	29.79 L	F	Sawyer, Emily	12	5/11/2007	2007 NC New South Swimming LC Invt:
4	30.77 L	F	Omonde, Riziki	12	7/26/2006	2006 NC 14 & Under Long Course Stat
5	31.05 L	F	Barnhill, Emmie	12	7/16/2009	NCS Age Group LC Champs 2009
Female 11-12 100 Free						
1	1:02.02 L	F	*I Perdue, Lauren	12	5/21/2004	2004 NC New South Swimming LC
2	1:02.40 L	F	Lurito, Cristina	12	5/16/2008	2008 RSA NC Good Stuff Meet
3	1:05.82 L	F	Sawyer, Emily	12	7/25/2007	2007 NC LC 14&Under State Champion
4	1:07.59 L	F	Lurito, Giuli	12	7/28/2005	2005 NC Long Course State Cham
5	1:08.18 L	F	Pfeiffer, Emily	12	7/25/2007	2007 NC LC 14&Under State Champion

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Female 11-12 200 Free						
1	2:16.98 L	F	Lurito, Cristina	12	7/17/2008	2008 NC LC 14&Under State Champion
2	2:18.30 L	F	*I Perdue, Lauren	12	5/21/2004	2004 NC New South Swimming LC
3	2:23.99 L	F	Barnhill, Emmie	12	7/16/2009	NCS Age Group LC Champs 2009
4	2:24.79 L	F	Sawyer, Emily	12	7/25/2007	2007 NC LC 14&Under State Champion
5	2:26.70 L	F	Beach, Chandler	12	5/8/2009	2009LongCourseOPEN
Female 11-12 400 Free						
1	4:55.39 L	F	Lurito, Cristina	12	5/16/2008	2008 RSA NC Good Stuff Meet
2	5:04.80 L	F	*I Perdue, Lauren	12	7/24/2003	2003 North Carolina Long Cours
3	5:06.87 L	F	Barnhill, Emmie	12	7/16/2009	NCS Age Group LC Champs 2009
4	5:13.24 L	F	Pfeiffer, Emily	12	10/5/2007	NCAC SENIOR QUAD MEET
5	5:13.63 L	F	Beach, Chandler	12	6/26/2009	GSA 54th Annual Eastern Invitational
Female 11-12 800 Free						
1	10:40.89 L	F	Lurito, Cristina	11	6/22/2007	2007 ECSL LC Championships
2	10:47.25 L	F	Barnhill, Emmie	12	6/20/2009	ECSL LC Champs June 2009
3	11:22.46 L	F	*I Dorsey, Meredith L	12	6/26/2004	2004 NC ECSL Long Course Champ
4	11:26.79 L	F	*I Lindstrand, Candace G	12	6/21/2003	2003 ECSL LC Championships
5	11:35.32 L	F	Lurito, Giuli	12	6/25/2005	2005 NC ECSL LC Championships
Female 11-12 1500 Free						
1	20:01.93 L	F	Beach, Chandler	12	5/8/2009	2009LongCourseOPEN
2	21:01.85 L	F	Lurito, Cristina	11	7/6/2007	GSA 52 Annual Eastern Invitational
Female 11-12 2000 Free						
1	31:43.00 L	F	Pfeiffer, Emily	12	6/2/2007	2007 NC Open Water Championships
2	33:45.00 L	F	*I Barnhill, Riley	12	6/2/2007	2007 NC Open Water Championships
3	34:44.00 L	F	Sawyer, Emily	12	6/2/2007	2007 NC Open Water Championships
4	36:58.00 L	F	*I Pou, Sara Morgan	12	6/2/2007	2007 NC Open Water Championships
Female 11-12 50 Back						
1	32.66 L	F	Lurito, Cristina	12	7/29/2008	2008 Southern Zone Champs
2	35.57 L L	F	Beach, Chandler	12	5/8/2009	2009LongCourseOPEN
3	35.58 L	F	*I Perdue, Lauren	12	7/24/2003	2003 North Carolina Long Cours
4	37.52 L	F	Sawyer, Emily	12	7/25/2007	2007 NC LC 14&Under State Champion
5	37.65 L	F	Lurito, Giuli	12	7/28/2005	2005 NC Long Course State Cham
Female 11-12 100 Back						
1	1:11.29 L	F	Lurito, Cristina	12	7/17/2008	2008 NC LC 14&Under State Champion
2	1:18.73 L	F	*I Pou, Sara Morgan	12	7/25/2007	2007 NC LC 14&Under State Champion
3	1:19.47 L	F	Lurito, Giuli	12	7/28/2005	2005 NC Long Course State Cham
4	1:20.23 L	F	Beach, Chandler	12	6/26/2009	GSA 54th Annual Eastern Invitational
5	1:21.01 L	F	Sawyer, Emily	12	6/15/2007	2007 NC WAVE Capital City Invitational
Female 11-12 200 Back						
1	2:45.30 L	F	*I Pou, Sara Morgan	12	7/25/2007	2007 NC LC 14&Under State Champion
2	3:01.40 L	F	Lurito, Giuli	12	6/25/2005	2005 NC ECSL LC Championships
3	3:12.48 L	F	*I Yang, Robin R	12	6/21/2003	2003 ECSL LC Championships
4	3:35.23 L	F	Weber, Lexie	12	6/22/2007	2007 ECSL LC Championships
Female 11-12 50 Breast						
1	36.21 L	F	*I Perdue, Lauren	12	5/21/2004	2004 NC New South Swimming LC
2	39.89 L	F	Baldwin, Megan	12	5/8/2009	2009LongCourseOPEN
3	40.48 L	F	Sawyer, Emily	12	6/15/2007	2007 NC WAVE Capital City Invitational
4	40.84 L	F	Pfeiffer, Emily	12	7/6/2007	GSA 52 Annual Eastern Invitational
5	41.17 L	F	*I Hardee, Kristen M	12	7/28/2004	2004 NC Long Course Age Group
Female 11-12 100 Breast						
1	1:26.85 L	F	Baldwin, Megan	12	7/9/2009	2009 LC Qualifier
2	1:28.02 L	F	Sawyer, Emily	12	7/25/2007	2007 NC LC 14&Under State Champion

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	Time	P/F/S	Name	Age/Yr		
Female 11-12 100 Breast						
3	1:29.49 L	F	Pfeiffer, Emily	12	10/5/2007	NCAC SENIOR QUAD MEET
4	1:30.70 L	F	*I Hardee, Kristen M	12	7/28/2004	2004 NC Long Course Age Group
5	1:31.29 L	F	Beach, Chandler	12	6/26/2009	GSA 54th Annual Eastern Invitational
Female 11-12 200 Breast						
1	3:08.38 L	F	Baldwin, Megan	12	7/16/2009	NCS Age Group LC Champs 2009
2	3:18.12 L	F	Sawyer, Emily	12	6/22/2007	2007 ECSL LC Championships
3	3:23.54 L	F	Pfeiffer, Emily	12	6/22/2007	2007 ECSL LC Championships
4	3:29.01 L	F	*I Hardee, Kristen M	11	6/21/2003	2003 ECSL LC Championships
5	3:29.74 L	F	*I Daniels, Michaela	12	6/22/2007	2007 ECSL LC Championships
Female 11-12 50 Fly						
1	29.89 L	F	*I Perdue, Lauren	12	5/21/2004	2004 NC New South Swimming LC
2	30.66 L	F	Lurito, Cristina	12	7/29/2008	2008 Southern Zone Champs
3	33.70 L	F	*I Milam, Katie	12	7/24/2003	2003 North Carolina Long Course
4	34.23 L	F	Penhollow, Jessi	12	5/16/2008	2008 RSA NC Good Stuff Meet
5	34.29 L	F	*I Lindstrand, Candace G	12	7/24/2003	2003 North Carolina Long Cours
Female 11-12 100 Fly						
1	1:10.59 L	F	*I Perdue, Lauren	12	5/21/2004	2004 NC New South Swimming LC
2	1:11.99 L	F	Lurito, Cristina	12	7/4/2008	GSA 53RD Annual Eastern Invitational
3	1:19.88 L	F	Barnhill, Emmie	12	7/16/2009	NCS Age Group LC Champs 2009
4	1:20.06 L	F	Penhollow, Jessi	12	5/16/2008	2008 RSA NC Good Stuff Meet
5	1:20.11 L	F	Beach, Chandler	12	6/26/2009	GSA 54th Annual Eastern Invitational
Female 11-12 200 Fly						
1	3:29.79 L	F	*I Dorsey, Meredith L	11	6/21/2003	2003 ECSL LC Championships
Female 11-12 200 IM						
1	2:37.33 L	F	*I Perdue, Lauren	12	5/21/2004	2004 NC New South Swimming LC
2	2:43.23 L	F	Sawyer, Emily	12	7/25/2007	2007 NC LC 14&Under State Champion
3	2:47.19 L	F	Barnhill, Emmie	12	7/16/2009	NCS Age Group LC Champs 2009
4	2:47.70 L	F	Beach, Chandler	12	5/8/2009	2009LongCourseOPEN
5	2:54.66 L	F	Lurito, Cristina	11	6/15/2007	2007 NC WAVE Capital City Invitational
Female 11-12 400 IM						
1	6:12.44 L	F	*I Dorsey, Meredith L	12	6/26/2004	2004 NC ECSL Long Course Champ
Female 13-14 50 Free						
1	27.22 L	F	*I Perdue, Lauren	14	5/13/2006	Goldsboro L.C. Open
2	28.76 L	F	Pfeiffer, Emily	14	7/16/2009	NCS Age Group LC Champs 2009
3	28.87 L	F	*I Gray, Erin	14	5/20/2005	2005 NC Josh Weaver Memorial M
4	29.02 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
5	29.36 L	P	*I Pou, Sara Morgan	14	7/16/2009	NCS Age Group LC Champs 2009
Female 13-14 100 Free						
1	58.60 L	F	*I Perdue, Lauren	14	5/13/2006	Goldsboro L.C. Open
2	1:02.81 L L	F	Lurito, Giuli	13	7/13/2006	LC Senior Sectionals 2006
3	1:02.82 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
4	1:03.67 L	P	Sawyer, Emily	13	7/17/2008	2008 NC LC 14&Under State Champion
5	1:03.85 L	P	Omonde, Riziki	14	7/17/2008	2008 NC LC 14&Under State Champion
Female 13-14 200 Free						
1	2:08.93 L	F	*I Perdue, Lauren	14	7/28/2005	2005 NC Long Course State Cham
2	2:17.00 L L	F	Lurito, Giuli	13	7/13/2006	LC Senior Sectionals 2006
3	2:18.84 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
4	2:19.31 L	P	*I Hardee, Kristen M	14	6/22/2006	2006 FG International Age Grou
5	2:19.32 L	P	Sawyer, Emily	13	7/17/2008	2008 NC LC 14&Under State Champion

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Female 13-14 400 Free						
1	4:37.91 L	F	*I Perdue, Lauren	14	5/13/2006	Goldsboro L.C. Open
2	4:45.34 L	F	*I Hardee, Kristen M	14	6/22/2006	2006 FG International Age Grou
3	4:49.86 L	F	Lurito, Giuli	13	7/26/2006	2006 NC 14 & Under Long Course Stat
4	4:54.56 L	P	Pfeiffer, Emily	14	7/16/2009	NCS Age Group LC Champs 2009
5	4:59.44 L	F	Sawyer, Emily	13	7/10/2008	2008NC Eastern Qualifier
Female 13-14 800 Free						
1	9:46.46 L	F	*I Hardee, Kristen M	14	6/22/2006	2006 FG International Age Grou
2	10:06.45 L	F	Lurito, Giuli	14	7/25/2007	2007 NC LC 14&Under State Champion
3	10:13.25 L	F	*I Power, Orla	14	6/22/2006	2006 FG International Age Grou
4	10:31.75 L	F	*I Pou, Sara Morgan	14	6/20/2009	ECSL LC Champs June 2009
5	10:38.12 L	F	Pfeiffer, Emily	14	6/20/2009	ECSL LC Champs June 2009
Female 13-14 1500 Free						
1	19:50.90 L	F	Lurito, Giuli	14	7/6/2007	GSA 52 Annual Eastern Invitational
2	19:57.98 L	F	Costin, Hillary	14	7/20/2007	Beat the Heat Meet
3	19:59.00 L	F	Sawyer, Emily	13	7/17/2008	2008 NC LC 14&Under State Champion
4	20:08.36 L	F	*I Trgovic, Jessica	13	7/21/2006	Eastern Long Course Qualifier 2006
5	20:10.88 L	F	*I Hardee, Kristen M	13	7/8/2005	2005 NC GSA Eastern Invitation
Female 13-14 3000 Free						
1	43:56.00 L	F	*I Power, Orla	14	6/3/2006	North Carolina Open Water Championsf
2	46:45.00 L	F	Galvin, Kelly A	13	6/2/2007	2007 NC Open Water Championships
3	46:49.00 L	F	Lurito, Giuli	13	6/3/2006	North Carolina Open Water Championsf
4	47:04.00 L	F	*I Hardee, Kristen M	14	6/3/2006	North Carolina Open Water Championsf
5	47:46.00 L	F	*I Trgovic, Jessica	13	6/3/2006	North Carolina Open Water Championsf
Female 13-14 50 Back						
1	35.43 L	P	Lurito, Giuli	13	6/22/2006	2006 FG International Age Grou
2	35.87 L	F	*I Pou, Sara Morgan	13	5/16/2008	2008 RSA NC Good Stuff Meet
3	37.49 L	P	*I Trgovic, Jessica	13	6/22/2006	2006 FG International Age Grou
4	38.40 L	F	*I Barnhill, Riley	13	5/16/2008	2008 RSA NC Good Stuff Meet
Female 13-14 100 Back						
1	1:12.79 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
2	1:13.83 L	P	Lurito, Giuli	13	7/26/2006	2006 NC 14 & Under Long Course Stat
3	1:14.29 L	P	*I Pou, Sara Morgan	14	7/16/2009	NCS Age Group LC Champs 2009
4	1:15.88 L L	F	Sawyer, Emily	14	7/16/2009	NCS Age Group LC Champs 2009
5	1:16.33 L L	F	*I Perdue, Meredith L	14	7/28/2004	2004 NC Long Course Age Group
Female 13-14 200 Back						
1	2:38.52 L	P	*I Pou, Sara Morgan	14	7/16/2009	NCS Age Group LC Champs 2009
2	2:39.15 L	F	Lurito, Giuli	14	7/6/2007	GSA 52 Annual Eastern Invitational
3	2:40.78 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
4	2:42.03 L	F	*I Trgovic, Jessica	13	7/21/2006	Eastern Long Course Qualifier 2006
5	2:42.36 L	F	Costin, Hillary	14	7/6/2007	GSA 52 Annual Eastern Invitational
Female 13-14 50 Breast						
1	37.97 L	F	Pfeiffer, Emily	13	5/16/2008	2008 RSA NC Good Stuff Meet
2	39.65 L	P	*I Parker, Chelsea Ann	14	6/22/2006	2006 FG International Age Grou
3	40.50 L	P	*I Hardee, Kristen M	14	6/22/2006	2006 FG International Age Grou
4	40.75 L	F	Sawyer, Emily	13	5/16/2008	2008 RSA NC Good Stuff Meet
Female 13-14 100 Breast						
1	1:17.79 L	F	*I Perdue, Lauren	14	7/8/2005	2005 NC GSA Eastern Invitation
2	1:24.66 L	F	*I Pfeiffer, Anna	14	5/20/2005	2005 NC Josh Weaver Memorial M
3	1:25.05 L	P	Pfeiffer, Emily	13	7/17/2008	2008 NC LC 14&Under State Champion
4	1:25.06 L	P	*I Hardee, Kristen M	14	7/26/2006	2006 NC 14 & Under Long Course Stat
5	1:26.82 L	F	*I Pou, Sara Morgan	14	5/8/2009	2009LongCourseOPEN

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Female 13-14 200 Breast						
1	2:58.55 L	F	Pfeiffer, Emily	13	6/20/2008	2008 ECSL LC Championships
2	2:59.52 L	F	*I Hardee, Kristen M	13	7/28/2005	2005 NC Long Course State Cham
3	3:06.36 L	P	*I Parker, Chelsea Ann	14	6/22/2006	2006 FG International Age Grou
4	3:07.04 L	P	*I Pfeiffer, Anna	14	5/20/2005	2005 NC Josh Weaver Memorial M
5	3:08.18 L	F	Sawyer, Emily	14	5/8/2009	2009LongCourseOPEN
Female 13-14 50 Fly						
1	33.27 L	P	*I Power, Orla	14	6/22/2006	2006 FG International Age Grou
2	34.92 L	F	*I Barnhill, Riley	13	5/16/2008	2008 RSA NC Good Stuff Meet
3	39.10 L	F	De Vente, Michelle	14	5/16/2008	2008 RSA NC Good Stuff Meet
Female 13-14 100 Fly						
1	1:05.04 L	F	*I Perdue, Lauren	14	5/13/2006	Goldsboro L.C. Open
2	1:09.48 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
3	1:12.42 L	P	*I Power, Orla	14	6/22/2006	2006 FG International Age Grou
4	1:12.56 L	F	*I Pou, Sara Morgan	14	5/8/2009	2009LongCourseOPEN
5	1:14.22 L	F	*I Lindstrand, Candace G	14	7/8/2005	2005 NC GSA Eastern Invitation
Female 13-14 200 Fly						
1	2:44.10 L	P	*I Power, Orla	14	6/22/2006	2006 FG International Age Grou
2	2:53.54 L	F	*I Lindstrand, Candace G	14	7/8/2005	2005 NC GSA Eastern Invitation
3	2:54.32 L	F	*I Bryan, Hannah E	14	6/22/2002	2002 ECSL LC Championships
4	3:26.67 L	F	*I Dorsey, Meredith L	13	6/17/2005	2005 NC 17th Furniture City In
Female 13-14 200 IM						
1	2:29.93 L	F	*I Perdue, Lauren	14	7/8/2005	2005 NC GSA Eastern Invitation
2	2:33.87 L	P	*I Pou, Sara Morgan	14	7/16/2009	NCS Age Group LC Champs 2009
3	2:38.94 L	P	Pfeiffer, Emily	14	7/16/2009	NCS Age Group LC Champs 2009
4	2:42.20 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
5	2:42.40 L	P	*I Hardee, Kristen M	14	6/22/2006	2006 FG International Age Grou
Female 13-14 400 IM						
1	5:45.17 L	F	Lurito, Cristina	13	5/8/2009	2009LongCourseOPEN
2	5:46.29 L	F	Pfeiffer, Emily	13	5/16/2008	2008 RSA NC Good Stuff Meet
3	5:48.61 L	F	*I Trgovic, Jessica	13	7/21/2006	Eastern Long Course Qualifier 2006
4	5:49.03 L	P	*I Pou, Sara Morgan	13	7/17/2008	2008 NC LC 14&Under State Champion
5	5:51.01 L	P	Costin, Hillary	14	7/25/2007	2007 NC LC 14&Under State Champion
Female 50 Free						
1	25.56 L	F	*I Perdue, Lauren	18	7/23/2009	2009 NC NCS LC Senior Championship
2	27.20 L	F	*I Perdue, Meredith L	19	7/23/2009	2009 NC NCS LC Senior Championship
3	28.37 L	F	*I Gray, Erin	16	7/21/2006	2006 NC NCS Senior LC Champion
4	29.54 L	P	*I Pfeiffer, Anna	15	7/21/2006	2006 NC NCS Senior LC Champion
5	29.68 L	P	*I Murphy, Jamie W	16	7/13/2006	LC Senior Sectionals 2006
Female 100 Free						
1	55.50 L	F	*I Perdue, Lauren	18	8/10/2009	2009 Speedo Junior National Champions
2	58.39 L	F	*I Perdue, Meredith L	19	7/23/2009	2009 NC NCS LC Senior Championship
3	1:01.74 L	F	*I Gray, Erin	17	5/16/2008	2008 NC Josh Weaver Memorial Meet or
4	1:02.11 L L	F	*I Pfeiffer, Anna	18	7/23/2009	2009 NC NCS LC Senior Championship
5	1:03.94 L	P	*I Murphy, Jamie W	17	7/21/2006	2006 NC NCS Senior LC Champion
Female 200 Free						
1	1:59.09 L	F	*I Perdue, Lauren	18	8/10/2009	2009 Speedo Junior National Champions
2	2:06.68 L	F	*I Perdue, Meredith L	19	7/23/2009	2009 NC NCS LC Senior Championship
3	2:13.23 L L	F	*I Pfeiffer, Anna	18	7/23/2009	2009 NC NCS LC Senior Championship
4	2:18.25 L	P	*I Gray, Erin	18	7/24/2008	2008 NC LC Senior Champs
5	2:19.95 L	P	*I Murphy, Jamie W	17	7/21/2006	2006 NC NCS Senior LC Champion

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Female 400 Free						
1	4:16.96 L	F	*I Perdue, Lauren	17	8/4/2008	2008 Speedo Junior National Champions
2	4:23.92 L	F	*I Perdue, Meredith L	19	7/23/2009	2009 NC NCS LC Senior Championship
3	4:43.03 L	P	*I Pulaski, Megan R	17	7/24/2003	2003 North Carolina Long Cours
4	4:47.70 L	P	*I Power, Orla	17	7/24/2008	2008 NC LC Senior Champs
5	4:52.21 L	F	*I Hardee, Kristen M	15	5/11/2007	2007 NC New South Swimming LC Invit
Female 800 Free						
1	9:38.34 L	F	*I Perdue, Meredith L	16	7/21/2006	2006 NC NCS Senior LC Champion
2	9:42.53 L	F	*I Power, Orla	16	3/13/2008	2008 PV Speedo Championship Series F
3	9:48.49 L	F	*I Pulaski, Megan R	16	6/22/2002	2002 ECSL LC Championships
4	10:12.91 L	F	*I Hardee, Kristen M	15	6/22/2007	2007 NC 19th Furniture City Invitational
5	10:20.83 L	F	*I Gray, Erin	17	6/22/2007	2007 NC 19th Furniture City Invitational
Female 1500 Free						
1	18:46.30 L	F	*I Power, Orla	16	7/19/2007	2007 NC Swimming Senior Championsh
2	19:33.60 L	F	Lurito, Giuli	15	7/24/2008	2008 NC LC Senior Champs
3	20:57.50 L	F	*I Davis, Brooke	16	7/8/2005	2005 NC GSA Eastern Invitation
Female 3000 Free						
1	48:01.00 L	F	*I Hardee, Kristen M	15	6/2/2007	2007 NC Open Water Championships
Female 5000 Free						
1	13:50.00 L	F	*I Perdue, Meredith L	16	6/3/2006	North Carolina Open Water Championsh
2	14:44.00 L	F	*I Lindstrand, Candace G	15	6/3/2006	North Carolina Open Water Championsh
3	17:47.08 L	F	*I Gray, Erin	16	6/3/2006	North Carolina Open Water Championsh
4	17:50.56 L	F	*I Pfeiffer, Anna	15	6/3/2006	North Carolina Open Water Championsh
5	28:53.00 L	F	*I Johnson, Rebecca G	15	6/3/2006	North Carolina Open Water Championsh
Female Free						
1	158:02.00 L	F	*I Power, Orla	15	6/2/2007	2007 NC Open Water Championships
Female 50 Back						
1	33.24 L	F	*I Perdue, Meredith L	16	6/22/2006	2006 FG International Age Grou
2	36.41 L	P	*I Gray, Erin	16	6/22/2006	2006 FG International Age Grou
Female 100 Back						
1	1:10.18 L L	F	*I Perdue, Meredith L	17	7/19/2007	2007 NC Swimming Senior Championsh
2	1:14.16 L	P	Lurito, Giuli	15	7/24/2008	2008 NC LC Senior Champs
3	1:15.11 L	P	Costin, Hillary	15	5/16/2008	2008 NC Josh Weaver Memorial Meet o
4	1:16.82 L	P	*I Gray, Erin	17	7/6/2007	GSA 52 Annual Eastern Invitational
5	1:17.00 L	F	*I Hardee, Kristen M	15	10/5/2007	NCAC SENIOR QUAD MEET
Female 200 Back						
1	2:30.08 L	F	*I Perdue, Meredith L	17	7/19/2007	2007 NC Swimming Senior Championsh
2	2:32.54 L	P	Costin, Hillary	15	5/16/2008	2008 NC Josh Weaver Memorial Meet o
3	2:39.42 L	P	Lurito, Giuli	15	7/24/2008	2008 NC LC Senior Champs
4	2:46.32 L	F	*I Gray, Erin	15	5/13/2006	Goldsboro L.C. Open
5	2:48.65 L	F	*I Davis, Brooke	15	5/21/2004	2004 NC New South Swimming LC
Female 50 Breast						
1	38.64 L	P	*I Pfeiffer, Anna	15	6/22/2006	2006 FG International Age Grou
2	40.01 L	P	*I Murphy, Jamie W	16	6/22/2006	2006 FG International Age Grou
Female 100 Breast						
1	1:19.13 L	F	*I Pfeiffer, Anna	18	7/23/2009	2009 NC NCS LC Senior Championship
2	1:20.22 L	F	*I Perdue, Lauren	17	5/2/2009	2009 LC Quad Meet
3	1:21.20 L	F	*I Hardee, Kristen M	15	5/11/2007	2007 NC New South Swimming LC Invit
4	1:23.84 L	P	*I Parker, Chelsea Ann	17	7/23/2009	2009 NC NCS LC Senior Championship
5	1:24.41 L	P	*I Murphy, Jamie W	17	7/21/2006	2006 NC NCS Senior LC Champion

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Female 200 Breast						
1	2:55.70 L	P	*I Pfeiffer, Anna	18	7/23/2009	2009 NC NCS LC Senior Championship
2	3:01.43 L	P	*I Murphy, Jamie W	17	7/21/2006	2006 NC NCS Senior LC Champion
3	3:02.24 L	F	*I Hardee, Kristen M	15	6/22/2007	2007 NC 19th Furniture City Invitational
4*	3:03.76 L	P	*I Parker, Chelsea Ann	17	7/23/2009	2009 NC NCS LC Senior Championship
4*	3:03.76 L	P	*I Power, Orla	17	7/24/2008	2008 NC LC Senior Champs
Female 50 Fly						
1	33.46 L	P	*I Gray, Erin	16	6/22/2006	2006 FG International Age Grou
Female 100 Fly						
1	1:08.54 L	P	*I Pfeiffer, Anna	18	7/23/2009	2009 NC NCS LC Senior Championship
2	1:12.04 L	F	*I Pulaski, Megan R	16	6/22/2002	2002 ECSL LC Championships
3	1:12.48 L	P	*I Power, Orla	17	7/24/2008	2008 NC LC Senior Champs
4	1:12.58 L	P	*I Gray, Erin	16	7/21/2006	2006 NC NCS Senior LC Champion
5	1:12.87 L	P	*I Lindstrand, Candace G	16	7/6/2007	GSA 52 Annual Eastern Invitational
Female 200 Fly						
1	2:41.05 L	P	*I Lindstrand, Candace G	16	7/19/2007	2007 NC Swimming Senior Championsh
2	2:41.81 L	P	*I Power, Orla	16	7/19/2007	2007 NC Swimming Senior Championsh
3	2:46.12 L	P	*I Pfeiffer, Anna	18	6/26/2009	GSA 54th Annual Eastern Invitational
4	2:57.69 L	P	De Vente, Michelle	15	6/26/2009	GSA 54th Annual Eastern Invitational
5	3:12.26 L	P	*I Davis, Brooke	16	5/20/2005	2005 NC Josh Weaver Memorial M
Female 200 IM						
1	2:28.03 L	F	*I Perdue, Meredith L	19	7/23/2009	2009 NC NCS LC Senior Championship
2	2:32.99 L	P	*I Pfeiffer, Anna	18	7/23/2009	2009 NC NCS LC Senior Championship
3	2:38.47 L	P	*I Murphy, Jamie W	17	7/21/2006	2006 NC NCS Senior LC Champion
4	2:39.51 L	F	*I Pulaski, Megan R	16	6/22/2002	2002 ECSL LC Championships
5	2:39.94 L	P	*I Power, Orla	17	7/24/2008	2008 NC LC Senior Champs
Female 400 IM						
1	5:26.94 L	F	*I Pulaski, Megan R	17	6/21/2003	2003 ECSL LC Championships
2	5:34.52 L	F	*I Lindstrand, Candace G	16	7/6/2007	GSA 52 Annual Eastern Invitational
3	5:34.72 L	P	*I Power, Orla	16	3/13/2008	2008 PV Speedo Championship Series I
4	5:37.83 L	F	*I Pfeiffer, Anna	18	6/26/2009	GSA 54th Annual Eastern Invitational
5	5:44.76 L	F	*I Perdue, Meredith L	17	7/6/2007	GSA 52 Annual Eastern Invitational
Male 8 & Under 50 Free						
1	36.40 L	F	Humphreys, Grant	8	6/20/2009	ECSL LC Champs June 2009
2	40.54 L	F	Lovenberg, Eric	8	7/21/2006	Eastern Long Course Qualifier 2006
3	40.64 L	F	Lovenberg, Tony	8	6/22/2007	2007 ECSL LC Championships
4	41.27 L	F	*I Clark, Curt	8	6/21/2003	2003 ECSL LC Championships
5	42.91 L	F	*I Barnhill, Kelly	8	6/25/2005	2005 NC ECSL LC Championships
Male 8 & Under 100 Free						
1	1:24.27 L	F	Humphreys, Grant	8	6/20/2009	ECSL LC Champs June 2009
2	1:27.61 L	F	Lovenberg, Eric	8	6/10/2006	MOR Liberty Meet
3	1:33.08 L	F	Lovenberg, Tony	8	7/20/2007	Beat the Heat Meet
4	1:34.94 L	F	*I Clark, Curt	8	5/3/2003	GOLDSBORO YMCA "BB" & BELOW I
5	1:35.00 L	F	Beach, Mason	8	6/22/2007	2007 ECSL LC Championships
Male 8 & Under 200 Free						
1	3:13.10 L	F	Lovenberg, Eric	8	7/21/2006	Eastern Long Course Qualifier 2006
2	3:20.97 L	F	Beach, Mason	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
3	3:24.78 L	F	Humphreys, Grant	7	7/10/2008	2008NC Eastern Qualifier
4	3:27.37 L	F	Lovenberg, Tony	8	7/20/2007	Beat the Heat Meet
5	3:27.54 L	F	*I Clark, Curt	8	5/3/2003	GOLDSBORO YMCA "BB" & BELOW I
Male 8 & Under 50 Back						
1	44.40 L	F	Humphreys, Grant	8	6/20/2009	ECSL LC Champs June 2009

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Male 8 & Under 50 Back						
2	48.95 L	F	Lovenberg, Eric	8	6/10/2006	MOR Liberty Meet
3	49.95 L	F	*I Clark, Curt	8	5/3/2003	GOLDSBORO YMCA "BB" & BELOW L
4	50.99 L	F	Lovenberg, Tony	8	7/20/2007	Beat the Heat Meet
5	54.22 L	F	Beach, Mason	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
Male 8 & Under 100 Back						
1	1:51.48 L	F	Lovenberg, Eric	8	7/21/2006	Eastern Long Course Qualifier 2006
2	1:56.29 L	F	Lovenberg, Tony	7	7/21/2006	Eastern Long Course Qualifier 2006
3	1:59.09 L	F	Beach, Mason	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
4	2:16.40 L	F	Conway, Andrew	8	7/20/2007	Beat the Heat Meet
5	2:21.28 L	F	Andrews, Kevin	7	7/21/2006	Eastern Long Course Qualifier 2006
Male 8 & Under 50 Breast						
1	51.18 L	F	Humphreys, Grant	8	6/20/2009	ECSL LC Champs June 2009
2	55.37 L	F	*I Clark, Curt	8	6/21/2003	2003 ECSL LC Championships
3	58.01 L	F	Lovenberg, Tony	8	7/20/2007	Beat the Heat Meet
4	58.39 L	F	Beach, Mason	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
5	1:01.36 L	F	Lovenberg, Eric	8	6/10/2006	MOR Liberty Meet
Male 8 & Under 100 Breast						
1	2:01.82 L	F	*I Clark, Curt	8	5/3/2003	GOLDSBORO YMCA "BB" & BELOW L
2	2:08.32 L	F	Lovenberg, Tony	8	7/20/2007	Beat the Heat Meet
3	2:08.85 L	F	Beach, Mason	8	5/11/2007	2007 NC Goldsboro Family Y BB/B/C
4	2:12.80 L	F	Humphreys, Grant	7	7/10/2008	2008NC Eastern Qualifier
5	2:35.80 L	F	Conway, Andrew	8	7/20/2007	Beat the Heat Meet
Male 8 & Under 50 Fly						
1	49.46 L	F	Humphreys, Grant	8	6/20/2009	ECSL LC Champs June 2009
2	50.60 L	F	Lovenberg, Eric	8	7/21/2006	Eastern Long Course Qualifier 2006
3	55.97 L	F	Lovenberg, Tony	8	7/20/2007	Beat the Heat Meet
4	56.74 L	F	*I Clark, Curt	8	6/21/2003	2003 ECSL LC Championships
5	56.79 L	F	Beach, Mason	8	6/22/2007	2007 ECSL LC Championships
Male 8 & Under 100 Fly						
1	1:54.04 L	F	Lovenberg, Eric	8	6/10/2006	MOR Liberty Meet
2	2:23.40 L	F	Lovenberg, Tony	7	6/10/2006	MOR Liberty Meet
Male 8 & Under 200 IM						
1	3:27.99 L	F	Humphreys, Grant	8	6/20/2009	ECSL LC Champs June 2009
2	3:50.28 L	F	Lovenberg, Eric	8	7/21/2006	Eastern Long Course Qualifier 2006
3	3:54.90 L	F	*I Clark, Curt	8	6/21/2003	2003 ECSL LC Championships
4	4:01.18 L	F	Beach, Mason	8	6/22/2007	2007 ECSL LC Championships
Male 9-10 50 Free						
1	31.52 L	F	Perdue, Philip	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	32.52 L	F	Andrews, Kevin	10	7/16/2009	NCS Age Group LC Champs 2009
3	32.99 L	F	Shaw, Dalton	10	7/26/2006	2006 NC 14 & Under Long Course Stat
4	33.19 L	F	*I Hannum, Zach	10	5/13/2006	Goldsboro L.C. Open
5	33.26 L	F	Lovenberg, Tony	10	7/16/2009	NCS Age Group LC Champs 2009
Male 9-10 100 Free						
1	1:10.80 L	F	Perdue, Philip	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	1:13.57 L	F	*I Hannum, Zach	10	7/26/2006	2006 NC 14 & Under Long Course Stat
3	1:14.30 L	F	Lovenberg, Tony	10	7/16/2009	NCS Age Group LC Champs 2009
4	1:14.46 L	F	Andrews, Kevin	10	7/16/2009	NCS Age Group LC Champs 2009
5	1:14.57 L	F	Shaw, Dalton	10	6/24/2006	2006 ECSL LC Championships
Male 9-10 200 Free						
1	2:36.02 L	F	Perdue, Philip	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	2:36.33 L	F	Shaw, Dalton	10	7/26/2006	2006 NC 14 & Under Long Course Stat

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Male 9-10 200 Free						
3	2:39.73 L	F	*I Hannum, Zach	10	5/13/2006	Goldsboro L.C. Open
4	2:43.79 L	F	Lovenberg, Tony	10	7/16/2009	NCS Age Group LC Champs 2009
5	2:45.39 L	F	Andrews, Kevin	10	7/16/2009	NCS Age Group LC Champs 2009
Male 9-10 400 Free						
1	5:42.75 L	F	Shaw, Dalton	10	6/24/2006	2006 ECSL LC Championships
2	5:49.38 L	F	*I Hannum, Zach	10	6/24/2006	2006 ECSL LC Championships
3	6:01.89 L	F	Lovenberg, Eric	10	6/20/2008	2008 ECSL LC Championships
4	6:06.19 L	F	Andrews, Kevin	10	6/20/2009	ECSL LC Champs June 2009
5	6:06.47 L	F	Lovenberg, Tony	10	6/20/2009	ECSL LC Champs June 2009
Male 9-10 800 Free						
1	10:10.64 L	F	Perdue, Philip	10	6/3/2006	North Carolina Open Water Championsh
2	12:14.00 L	F	Lovenberg, Eric	9	6/2/2007	2007 NC Open Water Championships
Male 9-10 50 Back						
1	39.58 L	F	Andrews, Kevin	10	7/16/2009	NCS Age Group LC Champs 2009
2	40.77 L	F	Lovenberg, Tony	10	7/16/2009	NCS Age Group LC Champs 2009
3	41.09 L	F	Perdue, Philip	10	5/13/2006	Goldsboro L.C. Open
4	41.91 L	F	*I Hannum, Zach	10	5/13/2006	Goldsboro L.C. Open
5	42.30 L	F	Shaw, Dalton	10	7/21/2006	Eastern Long Course Qualifier 2006
Male 9-10 100 Back						
1	1:24.64 L	F	Andrews, Kevin	10	7/16/2009	NCS Age Group LC Champs 2009
2	1:28.19 L	F	*I Hannum, Zach	10	7/26/2006	2006 NC 14 & Under Long Course Stat
3	1:28.43 L	F	Shaw, Dalton	10	7/26/2006	2006 NC 14 & Under Long Course Stat
4	1:28.51 L	F	Perdue, Philip	10	7/26/2006	2006 NC 14 & Under Long Course Stat
5	1:30.24 L	F	Lovenberg, Eric	10	7/17/2008	2008 NC LC 14&Under State Champion
Male 9-10 200 Back						
1	3:09.76 L	F	Andrews, Kevin	10	6/20/2009	ECSL LC Champs June 2009
2	3:38.96 L	F	Lovenberg, Eric	9	6/22/2007	2007 ECSL LC Championships
Male 9-10 50 Breast						
1	46.52 L	F	Perdue, Philip	10	7/21/2006	Eastern Long Course Qualifier 2006
2	47.51 L	F	Beach, Mason	10	5/8/2009	2009LongCourseOPEN
3	48.33 L	F	Lovenberg, Tony	10	7/16/2009	NCS Age Group LC Champs 2009
4	49.48 L	F	Shaw, Dalton	10	7/21/2006	Eastern Long Course Qualifier 2006
5	49.59 L	F	*I Hannum, Zach	10	6/24/2006	2006 ECSL LC Championships
Male 9-10 100 Breast						
1	1:43.25 L	F	Beach, Mason	10	5/8/2009	2009LongCourseOPEN
2	1:44.89 L	F	Lovenberg, Tony	10	7/16/2009	NCS Age Group LC Champs 2009
3	1:47.22 L	F	*I Hannum, Zach	10	7/21/2006	Eastern Long Course Qualifier 2006
4	1:52.77 L	F	Andrews, Kevin	10	5/8/2009	2009LongCourseOPEN
5	1:53.11 L	F	Shaw, Dalton	10	7/21/2006	Eastern Long Course Qualifier 2006
Male 9-10 200 Breast						
1	3:42.91 L	F	Lovenberg, Tony	10	6/20/2009	ECSL LC Champs June 2009
Male 9-10 50 Fly						
1	39.18 L	F	Perdue, Philip	10	5/13/2006	Goldsboro L.C. Open
2	39.60 L	F	*I Hannum, Zach	10	5/13/2006	Goldsboro L.C. Open
3	41.00 L	F	Shaw, Dalton	10	6/24/2006	2006 ECSL LC Championships
4	41.36 L	F	Andrews, Kevin	10	7/16/2009	NCS Age Group LC Champs 2009
5	41.42 L	F	Lovenberg, Eric	10	7/17/2008	2008 NC LC 14&Under State Champion
Male 9-10 100 Fly						
1	1:27.76 L	F	Perdue, Philip	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	1:29.73 L	F	Shaw, Dalton	10	7/26/2006	2006 NC 14 & Under Long Course Stat

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
3	1:33.65 L	F	Lovenberg, Eric	10	5/16/2008	2008 RSA NC Good Stuff Meet
4	1:38.77 L	F	*I Hannum, Zach	10	7/21/2006	Eastern Long Course Qualifier 2006
5	1:44.65 L	F	Lovenberg, Tony	10	7/9/2009	2009 LC Qualifier
Male 9-10 200 IM						
1	3:01.68 L	F	Perdue, Philip	10	7/26/2006	2006 NC 14 & Under Long Course Stat
2	3:03.40 L	F	Lovenberg, Tony	10	7/16/2009	NCS Age Group LC Champs 2009
3	3:04.35 L	F	Shaw, Dalton	10	7/26/2006	2006 NC 14 & Under Long Course Stat
4	3:06.93 L	F	*I Hannum, Zach	10	7/26/2006	2006 NC 14 & Under Long Course Stat
5	3:10.37 L	F	Andrews, Kevin	10	7/16/2009	NCS Age Group LC Champs 2009
Male 9-10 400 IM						
1	6:56.60 L	F	Shaw, Dalton	10	6/24/2006	2006 ECSL LC Championships
Male 11-12 50 Free						
1	27.59 L	F	*I Hannum, Zach	12	7/29/2008	2008 Southern Zone Champs
2	29.50 L	F	Shaw, Dalton	12	7/17/2008	2008 NC LC 14&Under State Champion
3	30.43 L	F	Perdue, Philip	11	5/11/2007	2007 NC New South Swimming LC Invit
4	30.75 L	F	Pofahl, Trey	12	7/16/2009	NCS Age Group LC Champs 2009
5	31.15 L	F	Shaw, Cody	12	7/21/2006	Eastern Long Course Qualifier 2006
Male 11-12 100 Free						
1	59.96 L	F	*I Hannum, Zach	12	7/29/2008	2008 Southern Zone Champs
2	1:04.02 L	F	Shaw, Dalton	12	7/4/2008	GSA 53RD Annual Eastern Invitational
3	1:05.28 L	F	Perdue, Philip	12	7/17/2008	2008 NC LC 14&Under State Champion
4	1:07.96 L	F	Pofahl, Trey	12	7/16/2009	NCS Age Group LC Champs 2009
5	1:08.12 L	F	Shaw, Cody	12	7/21/2006	Eastern Long Course Qualifier 2006
Male 11-12 200 Free						
1	2:11.23 L	F	Shaw, Dalton	12	6/20/2008	2008 ECSL LC Championships
2	2:13.50 L	P	*I Hannum, Zach	12	7/29/2008	2008 Southern Zone Champs
3	2:19.65 L	F	Perdue, Philip	12	7/17/2008	2008 NC LC 14&Under State Champion
4	2:27.34 L	P	Shaw, Cody	12	6/22/2006	2006 FG International Age Grou
5	2:32.95 L	F	Pou, Cameron D	12	5/16/2008	2008 RSA NC Good Stuff Meet
Male 11-12 400 Free						
1	4:39.15 L	F	Shaw, Dalton	12	7/17/2008	2008 NC LC 14&Under State Champion
2	4:52.94 L	F	Perdue, Philip	12	7/17/2008	2008 NC LC 14&Under State Champion
3	5:06.09 L	F	Shaw, Cody	12	7/21/2006	Eastern Long Course Qualifier 2006
4	5:30.72 L	F	Parker, Aj	12	7/21/2006	Eastern Long Course Qualifier 2006
5	5:37.50 L	F	Pou, Cameron D	12	5/16/2008	2008 RSA NC Good Stuff Meet
Male 11-12 800 Free						
1	10:08.96 L	F	Shaw, Dalton	12	6/20/2008	2008 ECSL LC Championships
2	10:18.24 L	F	Perdue, Philip	12	6/20/2008	2008 ECSL LC Championships
3	11:36.69 L	F	Lovenberg, Eric	11	6/20/2009	ECSL LC Champs June 2009
Male 11-12 1500 Free						
1	20:00.82 L	F	Shaw, Dalton	11	7/6/2007	GSA 52 Annual Eastern Invitational
Male 11-12 2000 Free						
1	31:01.00 L	F	Perdue, Philip	11	6/2/2007	2007 NC Open Water Championships
2	31:16.00 L	F	Shaw, Dalton	11	6/2/2007	2007 NC Open Water Championships
3	33:23.00 L	F	Parker, Aj	12	6/3/2006	North Carolina Open Water Championsf
Male 11-12 50 Back						
1	33.13 L	P	*I Hannum, Zach	12	7/29/2008	2008 Southern Zone Champs
2	36.28 L	F	Shaw, Dalton	12	5/16/2008	2008 RSA NC Good Stuff Meet
3	36.31 L	F	Perdue, Philip	12	7/17/2008	2008 NC LC 14&Under State Champion
4	36.39 L	F	Pofahl, Trey	12	7/16/2009	NCS Age Group LC Champs 2009
5	37.78 L	F	Parker, Aj	12	5/13/2006	Goldsboro L.C. Open

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Male 11-12 100 Back						
1	1:19.68 L	F	Shaw, Dalton	12	7/4/2008	GSA 53RD Annual Eastern Invitational
2	1:20.12 L	F	Perdue, Philip	12	5/16/2008	2008 RSA NC Good Stuff Meet
3	1:22.67 L	F	Parker, Aj	12	7/26/2006	2006 NC 14 & Under Long Course Stat
4	1:24.65 L	F	*I Haigwood, Turner	12	6/7/2003	2003 Summer Liberty Invitation
5	1:26.08 L	F	Pofahl, Trey	12	6/26/2009	GSA 54th Annual Eastern Invitational
Male 11-12 200 Back						
1	2:48.08 L	F	Perdue, Philip	12	7/17/2008	2008 NC LC 14&Under State Champion
2	2:50.80 L	F	Shaw, Dalton	12	6/20/2008	2008 ECSL LC Championships
3	2:58.56 L	F	Pofahl, Trey	12	6/20/2009	ECSL LC Champs June 2009
4	2:59.92 L	F	Parker, Aj	12	5/13/2006	Goldsboro L.C. Open
Male 11-12 50 Breast						
1	37.52 L	P	Shaw, Cody	12	6/22/2006	2006 FG International Age Grou
2	41.52 L	F	Shaw, Dalton	12	5/16/2008	2008 RSA NC Good Stuff Meet
3	44.31 L	F	Pou, Cameron D	12	5/16/2008	2008 RSA NC Good Stuff Meet
4	45.22 L	F	Lovenberg, Eric	11	7/9/2009	2009 LC Qualifier
5	47.20 L	F	Pofahl, Trey	12	6/26/2009	GSA 54th Annual Eastern Invitational
Male 11-12 100 Breast						
1	1:22.10 L	F	Shaw, Cody	12	6/22/2006	2006 FG International Age Grou
2	1:26.06 L	P	Shaw, Dalton	12	7/29/2008	2008 Southern Zone Champs
3	1:36.72 L	F	Pou, Cameron D	12	5/3/2008	2008 LC Quad Meet
4	1:38.62 L	F	Perdue, Philip	11	5/11/2007	2007 NC New South Swimming LC Invit
5	1:40.47 L	F	Lovenberg, Eric	11	7/9/2009	2009 LC Qualifier
Male 11-12 200 Breast						
1	2:59.44 L	P	Shaw, Cody	12	6/22/2006	2006 FG International Age Grou
2	3:12.05 L	F	Shaw, Dalton	12	6/20/2008	2008 ECSL LC Championships
3	3:29.94 L	F	Pou, Cameron D	12	6/20/2008	2008 ECSL LC Championships
4	3:50.90 L	F	*I Shepherd, Gabe	11	6/22/2007	2007 ECSL LC Championships
Male 11-12 50 Fly						
1	29.99 L	F	*I Hannum, Zach	12	7/29/2008	2008 Southern Zone Champs
2	32.57 L	F	Shaw, Dalton	12	5/16/2008	2008 RSA NC Good Stuff Meet
3	34.36 L	F	Perdue, Philip	12	7/17/2008	2008 NC LC 14&Under State Champion
4	35.35 L	F	Pofahl, Trey	12	7/16/2009	NCS Age Group LC Champs 2009
5	36.18 L	F	Eagle, Eyan A	12	7/17/2008	2008 NC LC 14&Under State Champion
Male 11-12 100 Fly						
1	1:04.91 L	F	Lovenberg, Eric	11	6/20/2009	ECSL LC Champs June 2009
2	1:10.26 L	F	Shaw, Dalton	12	7/4/2008	GSA 53RD Annual Eastern Invitational
3	1:18.70 L	F	Pofahl, Trey	12	6/26/2009	GSA 54th Annual Eastern Invitational
4	1:24.72 L	F	Parker, Aj	12	7/21/2006	Eastern Long Course Qualifier 2006
5	1:27.36 L	F	Perdue, Philip	11	7/6/2007	GSA 52 Annual Eastern Invitational
Male 11-12 200 Fly						
1	2:30.43 L	F	Shaw, Dalton	12	7/17/2008	2008 NC LC 14&Under State Champion
Male 11-12 200 IM						
1	2:31.91 L	P	*I Hannum, Zach	12	7/29/2008	2008 Southern Zone Champs
2	2:33.86 L	P	Shaw, Dalton	12	7/29/2008	2008 Southern Zone Champs
3	2:44.98 L	F	Shaw, Cody	12	7/21/2006	Eastern Long Course Qualifier 2006
4	2:52.09 L	F	Perdue, Philip	12	6/20/2008	2008 ECSL LC Championships
5	2:57.48 L	F	Parker, Aj	12	7/21/2006	Eastern Long Course Qualifier 2006
Male 11-12 400 IM						
1	5:21.25 L	F	Shaw, Dalton	12	7/17/2008	2008 NC LC 14&Under State Champion

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Male 13-14 50 Free						
1	24.91 L	F	*I Houser, Matt	14	8/2/2005	2005 UH Southern Zones
2	26.68 L	F	*I Patty, Matthew D	14	7/24/2003	2003 North Carolina Long Cours
3	28.26 L	P	Shaw, Cody	14	7/17/2008	2008 NC LC 14&Under State Champion
4	28.57 L	P	Sang, Joseph	14	7/26/2006	2006 NC 14 & Under Long Course Stati
5	28.73 L	P	*I Haigwood, Turner	14	5/20/2005	2005 NC Josh Weaver Memorial M
Male 13-14 100 Free						
1	54.27 L	F	*I Houser, Matt	14	8/2/2005	2005 UH Southern Zones
2	1:00.13 L	F	*I Patty, Matthew D	14	7/24/2003	2003 North Carolina Long Cours
3	1:03.12 L	F	Shaw, Dalton	13	6/20/2009	ECSL LC Champs June 2009
4	1:03.24 L	F	Shaw, Cody	14	10/5/2007	NCAC SENIOR QUAD MEET
5	1:03.34 L	P	Perdue, Philip	13	7/16/2009	NCS Age Group LC Champs 2009
Male 13-14 200 Free						
1	1:58.63 L	F	*I Houser, Matt	14	8/2/2005	2005 UH Southern Zones
2	2:09.49 L	F	Shaw, Cody	14	6/20/2008	2008 ECSL LC Championships
3	2:11.35 L	P	Shaw, Dalton	13	7/16/2009	NCS Age Group LC Champs 2009
4	2:14.83 L	P	*I Patty, Matthew D	14	7/24/2003	2003 North Carolina Long Cours
5	2:17.08 L	P	Perdue, Philip	13	7/16/2009	NCS Age Group LC Champs 2009
Male 13-14 400 Free						
1	4:24.42 L	F	Shaw, Dalton	13	7/16/2009	NCS Age Group LC Champs 2009
2	4:36.23 L	F	Shaw, Cody	14	7/17/2008	2008 NC LC 14&Under State Champion
3	4:42.37 L	P	Perdue, Philip	13	7/16/2009	NCS Age Group LC Champs 2009
4	4:46.34 L	P	Parker, Aj	14	5/16/2008	2008 NC Josh Weaver Memorial Meet o
5	4:55.09 L	F	*I Haigwood, Turner	14	6/25/2005	2005 NC ECSL LC Championships
Male 13-14 800 Free						
1	9:10.28 L	F	Shaw, Dalton	13	7/23/2009	2009 NC NCS LC Senior Championship
2	9:24.04 L	F	Shaw, Cody	14	7/17/2008	2008 NC LC 14&Under State Champion
3	9:44.17 L	F	Perdue, Philip	13	7/16/2009	NCS Age Group LC Champs 2009
4	10:05.09 L	F	Parker, Aj	13	7/25/2007	2007 NC LC 14&Under State Champion
5	10:13.94 L	F	*I Haigwood, Turner	14	6/25/2005	2005 NC ECSL LC Championships
Male 13-14 1500 Free						
1	17:29.70 L	F	Shaw, Dalton	13	7/16/2009	NCS Age Group LC Champs 2009
2	18:13.75 L	F	Perdue, Philip	13	7/16/2009	NCS Age Group LC Champs 2009
3	18:23.27 L	F	Shaw, Cody	14	7/4/2008	GSA 53RD Annual Eastern Invitational
4	18:53.50 L	F	Parker, Aj	13	7/25/2007	2007 NC LC 14&Under State Champion
5	20:16.20 L	F	*I Chapman, Billy	14	7/18/2003	2003 NC Eastern LC Qualifier
Male 13-14 3000 Free						
1	41:33.00 L	F	Shaw, Cody	13	6/2/2007	2007 NC Open Water Championships
Male 13-14 5000 Free						
1	80:37.00 L	F	Parker, Aj	13	6/2/2007	2007 NC Open Water Championships
Male 13-14 50 Back						
1	36.15 L	P	Sang, Joseph	14	6/22/2006	2006 FG International Age Grou
Male 13-14 100 Back						
1	1:03.31 L	F	*I Houser, Matt	14	7/28/2005	2005 NC Long Course State Cham
2	1:07.44 L	F	Parker, Aj	14	7/4/2008	GSA 53RD Annual Eastern Invitational
3	1:14.56 L	F	*I Patty, Matthew D	14	5/3/2003	GOLDSBORO YMCA "BB" & BELOW L
4	1:15.22 L	P	*I Haigwood, Turner	14	5/20/2005	2005 NC Josh Weaver Memorial M
5	1:15.46 L	F	Shaw, Cody	13	5/11/2007	2007 NC New South Swimming LC Invit
Male 13-14 200 Back						
1	2:12.71 L	F	*I Houser, Matt	14	8/2/2005	2005 UH Southern Zones
2	2:27.37 L	F	Shaw, Cody	14	7/17/2008	2008 NC LC 14&Under State Champion

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
3	2:29.60 L	F	Parker, Aj	14	6/20/2008	2008 ECSL LC Championships
4	2:42.51 L	F	*I Haigwood, Turner	14	5/20/2005	2005 NC Josh Weaver Memorial M
5	2:43.42 L	F	*I Patty, Matthew D	14	5/3/2003	GOLDSBORO YMCA "BB" & BELOW L
Male 13-14 100 Breast						
1	1:13.73 L	F	Shaw, Cody	14	7/17/2008	2008 NC LC 14&Under State Champion
2	1:17.28 L	F	*I Inabinet, Nick	14	7/24/2003	2003 North Carolina Long Cours
3	1:19.66 L	F	*I Patty, Matthew D	14	7/24/2003	2003 North Carolina Long Cours
4	1:25.95 L	F	Parker, Aj	14	6/20/2008	2008 ECSL LC Championships
5	1:25.99 L	F	Sang, Joseph	14	7/21/2006	Eastern Long Course Qualifier 2006
Male 13-14 200 Breast						
1	2:41.25 L	F	Shaw, Cody	14	7/17/2008	2008 NC LC 14&Under State Champion
2	2:47.79 L	F	*I Inabinet, Nick	14	7/24/2003	2003 North Carolina Long Cours
3	2:48.15 L	F	*I Patty, Matthew D	14	7/24/2003	2003 North Carolina Long Cours
4	3:00.81 L	F	Shaw, Dalton	13	6/20/2009	ECSL LC Champs June 2009
5	3:06.66 L	F	Sang, Joseph	14	7/21/2006	Eastern Long Course Qualifier 2006
Male 13-14 100 Fly						
1	1:01.40 L	F	*I Houser, Matt	14	7/28/2005	2005 NC Long Course State Cham
2	1:05.45 L	F	Shaw, Dalton	13	7/16/2009	NCS Age Group LC Champs 2009
3	1:11.09 L	F	Sang, Joseph	14	7/21/2006	Eastern Long Course Qualifier 2006
4	1:12.47 L	F	Parker, Aj	14	5/3/2008	2008 LC Quad Meet
5	1:15.22 L	F	Shaw, Cody	14	6/20/2008	2008 ECSL LC Championships
Male 13-14 200 Fly						
1	2:21.16 L	F	*I Houser, Matt	13	7/24/2004	2004 NC Eastern LC Qualifier
2	2:23.13 L	P	Shaw, Dalton	13	7/16/2009	NCS Age Group LC Champs 2009
Male 13-14 200 IM						
1	2:12.17 L	F	*I Houser, Matt	14	8/2/2005	2005 UH Southern Zones
2	2:27.60 L	P	Shaw, Dalton	13	7/16/2009	NCS Age Group LC Champs 2009
3	2:31.31 L	F	Shaw, Cody	14	5/16/2008	2008 NC Josh Weaver Memorial Meet o
4	2:33.03 L	P	*I Patty, Matthew D	14	7/24/2003	2003 North Carolina Long Cours
5	2:34.95 L	P	Parker, Aj	14	5/16/2008	2008 NC Josh Weaver Memorial Meet o
Male 13-14 400 IM						
1	4:43.03 L	F	*I Houser, Matt	14	8/2/2005	2005 UH Southern Zones
2	5:01.99 L	F	Shaw, Dalton	13	7/16/2009	NCS Age Group LC Champs 2009
3	5:04.77 L	F	Shaw, Cody	14	7/17/2008	2008 NC LC 14&Under State Champion
4	5:40.61 L	F	Perdue, Philip	13	6/26/2009	GSA 54th Annual Eastern Invitational
5	5:44.80 L	F	Sang, Joseph	14	7/21/2006	Eastern Long Course Qualifier 2006
Male 50 Free						
1	24.31 L	P	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	25.71 L	P	*I Haigwood, Turner	18	7/23/2009	2009 NC NCS LC Senior Championship
3	26.17 L	P	*I Parker, Doug	19	7/23/2009	2009 NC NCS LC Senior Championship
4*	26.92 L	P	*I Patty, Matthew D	16	5/20/2005	2005 NC Josh Weaver Memorial M
4*	26.92 L	P	Oakley, Cameron	17	7/23/2009	2009 NC NCS LC Senior Championship
Male 100 Free						
1	52.83 L	P	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	56.85 L L	F	*I Parker, Doug	19	7/23/2009	2009 NC NCS LC Senior Championship
3	58.68 L	P	*I Haigwood, Turner	17	5/16/2008	2008 NC Josh Weaver Memorial Meet o
4	59.30 L	P	*I Quigley, Mike	16	7/24/2003	2003 North Carolina Long Cours
5	59.87 L	P	*I Patty, Matthew D	16	5/20/2005	2005 NC Josh Weaver Memorial M
Male 200 Free						
1	1:56.46 L L	F	*I Houser, Matt	18	7/23/2009	2009 NC NCS LC Senior Championship
2	2:06.64 L	P	*I Quigley, Mike	16	7/24/2003	2003 North Carolina Long Cours
3	2:08.38 L	P	*I Haigwood, Turner	18	6/26/2009	GSA 54th Annual Eastern Invitational

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
4	2:09.87 L	F	Sang, Joseph	16	6/20/2008	2008 ECSL LC Championships
5	2:10.66 L	P	*I Parker, Doug	17	7/19/2007	2007 NC Swimming Senior Championsh
Male 400 Free						
1	4:09.30 L	F	*I Houser, Matt	16	7/19/2007	2007 NC Swimming Senior Championsh
2	4:25.73 L	P	*I Quigley, Mike	16	7/24/2003	2003 North Carolina Long Cours
3	4:31.03 L	P	*I Haigwood, Turner	16	7/19/2007	2007 NC Swimming Senior Championsh
4	4:32.32 L	F	Sang, Joseph	16	6/20/2008	2008 ECSL LC Championships
5	4:35.00 L	F	*I Parker, Doug	18	7/4/2008	GSA 53RD Annual Eastern Invitational
Male 800 Free						
1	8:45.83 L	F	*I Houser, Matt	16	7/19/2007	2007 NC Swimming Senior Championsh
2	9:26.60 L	F	*I Haigwood, Turner	16	7/19/2007	2007 NC Swimming Senior Championsh
3	9:52.23 L	F	*I Chapman, Billy	15	7/24/2004	2004 NC Eastern LC Qualifier
4	9:57.16 L	F	*I Quigley, Mike	15	6/22/2002	2002 ECSL LC Championships
5	10:17.51 L	F	Shaw, Cody	15	6/20/2009	ECSL LC Champs June 2009
Male 1500 Free						
1	17:40.45 L	F	*I Haigwood, Turner	16	7/19/2007	2007 NC Swimming Senior Championsh
Male 3000 Free						
1	x54:47.00 L	F	*I Stanley, Brian T	15	6/2/2007	2007 NC Open Water Championships
2	x61:40.00 L	F	*I Swain, Walker	15	6/2/2007	2007 NC Open Water Championships
Male 5000 Free						
1	5:09.00 L	F	*I Houser, Matt	15	6/3/2006	North Carolina Open Water Championsf
2	9:52.47 L	F	*I Haigwood, Turner	15	6/3/2006	North Carolina Open Water Championsf
3	16:45.05 L	F	*I Parker, Doug	15	6/3/2006	North Carolina Open Water Championsf
4	20:04.59 L	F	*I Inabinet, Nick	17	6/3/2006	North Carolina Open Water Championsf
5	71:43.00 L	F	*I White, Patrick R	18	6/2/2007	2007 NC Open Water Championships
Male Free						
1	157:57.00 L	F	*I Haigwood, Turner	16	6/2/2007	2007 NC Open Water Championships
Male 50 Back						
1	31.38 L L	F	*I White, Patrick R	17	6/22/2006	2006 FG International Age Grou
2	33.26 L	P	*I Haigwood, Turner	15	6/22/2006	2006 FG International Age Grou
3	36.05 L	P	*I Marcuard, Maurice S	16	6/22/2006	2006 FG International Age Grou
Male 100 Back						
1	59.54 L	P	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	1:03.84 L	F	*I Quigley, Mike	16	7/24/2003	2003 North Carolina Long Cours
3	1:04.79 L	P	*I Haigwood, Turner	18	7/23/2009	2009 NC NCS LC Senior Championship
4	1:06.71 L	F	Sang, Joseph	16	5/3/2008	2008 LC Quad Meet
5	1:07.60 L	F	Parker, Aj	15	5/2/2009	2009 LC Quad Meet
Male 200 Back						
1	2:08.09 L	P	*I Houser, Matt	17	8/4/2008	2008 Speedo Junior National Champions
2	2:21.10 L	P	*I Quigley, Mike	16	7/24/2003	2003 North Carolina Long Cours
3	2:24.47 L	F	*I Haigwood, Turner	18	6/26/2009	GSA 54th Annual Eastern Invitational
4	2:24.90 L	P	Sang, Joseph	16	5/16/2008	2008 NC Josh Weaver Memorial Meet or
5	2:32.91 L	P	Parker, Aj	15	6/26/2009	GSA 54th Annual Eastern Invitational
Male 50 Breast						
1*	36.03 L	P	*I Parker, Doug	16	6/22/2006	2006 FG International Age Grou
1*	36.03 L	P	Oakley, Cameron	17	6/12/2009	2009 NC WAVE Capital City Invitational
Male 100 Breast						
1	1:07.35 L	P	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	1:11.57 L	F	Shaw, Cody	16	7/23/2009	2009 NC NCS LC Senior Championship
3	1:12.54 L	T	*I Parker, Doug	19	7/23/2009	2009 NC NCS LC Senior Championship
4	1:16.69 L	P	Oakley, Cameron	17	7/23/2009	2009 NC NCS LC Senior Championship

Individual Top Times

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
5	1:17.15 L	P	*I Patty, Matthew D	16	7/28/2005	2005 NC Long Course State Cham
Male 200 Breast						
1	2:23.41 L	P	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	2:41.68 L	F	*I Parker, Doug	18	7/4/2008	GSA 53RD Annual Eastern Invitational
3	2:42.09 L	P	Shaw, Cody	16	7/23/2009	2009 NC NCS LC Senior Championship
4	2:48.53 L	F	Sang, Joseph	17	5/8/2009	2009LongCourseOPEN
5	2:49.63 L	P	*I Patty, Matthew D	16	7/28/2005	2005 NC Long Course State Cham
Male 50 Fly						
1	30.10 L	P	Oakley, Cameron	17	6/12/2009	2009 NC WAVE Capital City Invitational
Male 100 Fly						
1	55.08 L	P	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	1:00.05 L	F	*I Haigwood, Turner	18	7/23/2009	2009 NC NCS LC Senior Championship
3	1:02.09 L	P	*I Quigley, Mike	16	7/24/2003	2003 North Carolina Long Cours
4	1:03.56 L	F	Sang, Joseph	16	5/3/2008	2008 LC Quad Meet
5	1:10.17 L	P	*I Parker, Doug	19	6/26/2009	GSA 54th Annual Eastern Invitational
Male 200 Fly						
1	2:03.94 L	F	*I Houser, Matt	17	8/4/2008	2008 Speedo Junior National Champions
2	2:18.85 L	P	*I Haigwood, Turner	18	7/23/2009	2009 NC NCS LC Senior Championship
3	2:24.85 L	F	Sang, Joseph	17	5/8/2009	2009LongCourseOPEN
4	2:31.95 L	P	Parker, Aj	15	6/26/2009	GSA 54th Annual Eastern Invitational
Male 200 IM						
1	2:02.93 L	F	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	2:15.31 L	F	*I Haigwood, Turner	18	7/23/2009	2009 NC NCS LC Senior Championship
3	2:25.19 L	P	Sang, Joseph	16	5/16/2008	2008 NC Josh Weaver Memorial Meet o
4	2:25.43 L	P	*I Quigley, Mike	16	7/24/2003	2003 North Carolina Long Cours
5	2:26.69 L	P	*I Parker, Doug	18	7/24/2008	2008 NC LC Senior Champs
Male 400 IM						
1	4:22.35 L	F	*I Houser, Matt	18	8/10/2009	2009 Speedo Junior National Champions
2	4:47.68 L	F	*I Haigwood, Turner	18	7/23/2009	2009 NC NCS LC Senior Championship
3	5:05.72 L	P	Shaw, Cody	16	7/23/2009	2009 NC NCS LC Senior Championship
4	5:07.54 L	P	Sang, Joseph	16	5/16/2008	2008 NC Josh Weaver Memorial Meet o
5	5:16.13 L	F	*I Quigley, Mike	16	7/4/2003	GSA Eastern Invitational